

Robert Carre Trust
Week 6
 September- January
Autumn Term
9th October – 13th October

Name Class/Year

Monday		Tick
Main	Chicken & bacon in a carbonara sauce served with rice, naan bread & sweetcorn	
Main (V)	Chickpea, & cauliflower in a carbonara sauce served with rice, naan bread & sweetcorn	
Bread	Tuna Mayonnaise roll, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Treacle sponge & custard	
Dessert	Fruit	
Dessert	Yoghurt	

Tuesday		Tick
Main	Ham & cheese pinwheels served with new potatoes & carrots	
Main (V)	Cheese & tomato pinwheels served with new potatoes & carrots	
Bread	Chicken Wrap, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Waffle & strawberry sauce	
Dessert	Fruit	
Dessert	Yoghurt	

Wednesday		Tick
Main	Beef bolognese served with pasta, garlic bread & peas	
Main (V)	Vegetable lasagne served with garlic bread & peas	
Bread	Egg mayo sandwich yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Apple crumble & custard	
Dessert	Fruit	
Dessert	Yoghurt	

Thursday		Tick
Main	Roast turkey & Yorkshire pudding served with roast potatoes, gravy, broccoli & carrots	
Main (V)	Quorn sausage Yorkshire pudding served with roast potatoes, gravy, broccoli & carrots	
Bread	Ham Sandwich, yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	Cookie	
Dessert	Fruit	
Dessert	Yoghurt	

Friday		Tick
Main	Fish pie served with mixed vegetables	
Main (V)	Jacket potato, vegetable nuggets served with baked beans	
Bread	Cheese baguette, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	Muffin	
Dessert	Fruit	
Dessert	Yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.50 per meal Total Amount :£

THURS 14 SEPT

Please return this form and payment by

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 Please complete and detach this section and keep for your records (Parent's Copy) 9TH October

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y				